

## JACKSONVILLE VET CENTER



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## We're Coming to YOU!!

Starting in February, the Jacksonville Vet Center will begin offering Readjustment Counseling Services on Thursdays in the Meeting Room at the Leland Community Park, in Leland NC. In preparation, we will be holding two (2) informational meetings on February 7<sup>th</sup>. In these meetings we will discuss:

- The specific types of counseling options (E.G., Veteran PTSD Group, Partner Support Group, individual/couple/family counseling)
- Eligibility requirements
- The scope of counseling sessions

**What:** Learn more about Vet Center Readjustment Counseling Services being offered in your area

**When:** *Every Thursday*

**Time(s):** 1000 and 1300

**Location:** Meeting Room at Leland Community Park, located at 1490 Village Road NE, Leland, NC

*\* If possible, please bring a copy of your DD214 to this meeting*

### WHAT IS READJUSTMENT COUNSELING

Readjustment counseling includes Individual, Group, Family/Marital (must be specific to military or deployment related issues) counseling offered to eligible Veterans, active duty service members, and their families in the effort to make a successful transition from military to civilian life

### WHO IS ELIGIBLE FOR THESE SERVICES

**If you:**

- **Served** in a combat zone (*You do NOT have to have engaged in direct combat, you do NOT have to be service connected for PTSD*)
- Experienced Military Sexual Trauma (MST) regardless of combat status
- Dealt directly with the treatment of the casualties of war but is not located in a combat theater area of hostilities
- Were a member of a drone (unmanned aerial vehicle) crew who participated in combat related missions from outside the combat theater or area of hostility

**There is NO COST for Readjustment Counseling Services.**

*Services are confidential (except when someone's safety may be compromised or issues involving potential or alleged child neglect/abuse), and the Vet Center does not share their information with the VA Hospitals or DOD.*